

PLAN YOUR VISIT WITH US

800.368.7432 | 4HCENTER.ORG |     
7100 CONNECTICUT AVENUE, CHEVY CHASE, MD 20815 USA



National 4-H
Conference Center

BREAKFAST

Breakfast Bakery

Your choice of an assortment of Freshly Baked Muffins or Cinnamon Rolls

Breakfast Bakery Deluxe

Fresh Baked Assorted Muffins, Coffee Cake, Cinnamon Rolls and Fruit Filled Croissants
Add Fruit & Yogurt Parfaits

Oh, Natural

Sliced Seasonal Fruit...
Add Yogurt Dips
Add Domestic Cheeses, Toasted Crostini & Crackers

Bagel Breakfast

A Classic Collection of Fresh Bagels served with Cream Cheeses, Butter and Jellies
Add Bacon
Add Thin Sliced Salmon

Health Club

Wholesome Oatmeal with healthy toppings to include Raisins, Dried Cranberries, Brown Sugar, Granola, and Maple Syrup
Add Fruit and Yogurt Parfaits

Fresh Broccoli and Cheese Frittata

Fresh Broccoli, Creamy Egg Custard & Swiss Cheese baked to perfection for a crowd pleasing breakfast alternative
Add Caramelized Onion & Bacon
Add Fresh Garden Vegetables

Southwestern Breakfast Burritos

Flour Tortillas loaded with Scrambled Eggs, Sautéed Vegetables and Cheese. Accompanied by Sour Cream & Salsa. Add a little spice to your day.
Add Side of Bacon or Sausage

*Prices are subject to 19% service charge and 6% sales tax. Prices are subject to change without notice.
Minimum group size is 20 people.*



SANDWICHES & SALADS

Available between 11:00 a.m. and 4:00 p.m.

Classic Sandwich Platter

Maple Glazed Ham, Herb-Roasted Beef, Smoked Turkey and all-white Tuna Salad served with Swiss & Cheddar Cheese, a variety of breads and rolls, whole grain mustard, mayonnaise & Potato Chips

Add Choice of Side Salad

European Sandwich & Wrap Platter

A Savory Assortment of European-Style Sandwiches & Wraps such as Mediterranean Tuna in a Grilled Pita; Balsamic Grilled Vegetable & Feta Cheese on Ciabatta; Smoked Turkey & Artichokes on Focaccia; Grilled Chicken Wrap with Brie & Sundried Tomato Spread; Cajun Roast Beef with Grilled Portobello & Fresh Mozzarella on Crusty French Bread with Chips

Add Choice of Side Salad

Mexican Fajita Salad

Chilled Seasoned Beef or Chicken Fajita Strips, served with Greens, Olives, Diced Onions, Tomatoes, Shredded Cheese & Nacho Chips, accompanied by Salsa & Sour Cream

Add Choice of Soup

Thai Chicken Salad

Marinated & Grilled Chicken Breast tossed with Napa Cabbage, Scallions, Snow Peas, Peppers & Shredded Carrots, served over Mixed Greens with a Sesame Ginger Vinaigrette

Add Choice of Soup

Mixed Greens Salad

Field Greens, Tomato, Cucumber, Red Onion, Croutons & Balsamic Vinaigrette

Add Chicken

Add Salmon

Add Choice of Soup Add

Side Salad Choices

Vegetable Cole Slaw ▪ Rigatoni Salad w/Grilled Vegetables ▪ Potato & Roasted Corn Salad ▪ Balsamic Roasted Vegetables

Sides Soup Choices

Tomato Basil ▪ Minestrone ▪ Broccoli Cheese ▪ Baked Potato

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MID DAY OPTIONS

Available between 11:00 a.m. and 4:00 p.m. All Mid Day Options include your choice of Iced Tea or Lemonade

Southwestern Make Your Own Fajitas

Chipotle Lime Beef Strips, Chili Spice rubbed Chicken, Cheddar Cheese, Salsa, Peppers, Guacamole, Sour Cream, Spanish Rice, Beans, warm Flour Tortillas & crispy Tortilla Chips

Add Southwestern Tortilla Soup

“Build it your way” Burger Bar

Freshly Ground Beef Burgers served with sautéed mushrooms, crispy fried onions, Cheddar and Blue Cheese, Salsa, Jalapeno Peppers and the traditional accompaniments served with homemade potato chips

Add Black Bean Veggie Burger

Add Choice of Side Salad Add

Add Choice of Soup Add

Penne Pasta served with Smoked Chicken

Grilled Chicken Breast Strips tossed with Penne Pasta, diced Tomatoes, Green Peas and Creamy Parmesan Sauce served with Mixed Greens Salad, Roasted Seasonal Vegetables, Rolls and Butter

Fish Valencia

Fresh Italian Style Tilapia roasted to perfection and finished with a tomato basil garlic sauce accompanied by Mixed Greens Salad, Orzo Pasta, Steamed Fresh Seasonal Vegetables, Rolls & Butter

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DINNER BUFFETS

All Dinner Buffets include dinner rolls and butter, Your Choice of Iced Tea or Lemonade, Dessert

Lemon Rosemary Chicken

Marinated & Grilled Boneless Chicken Breast, Mixed Greens Salad with House Vinaigrette, Herbed Couscous, Seasonal Roasted Vegetables

Chicken Milan

Lightly Breaded Boneless Breast, topped with Fresh Lemon, Mixed Greens Salad with House Vinaigrette, Garlic Orzo Pasta, Seasonal Roasted Vegetables

Roast Top Sirloin of Beef

with Wild Mushroom Sauce, Mixed Greens Salad with House Vinaigrette, Caramelized-Shallot Mashed Potatoes, Fresh Vegetable Julienne Medley

Roasted Breast of Turkey

with fresh cranberry sauce and succulent pan gravy, Mixed Greens Salad with House Vinaigrette, Caramelized-Shallot Mashed Potatoes, Fresh Vegetable Julienne Medley

Grilled Chipotle Flank Steak

Marinated with Lime Juice, Olive Oil and Garlic, served w/Chipotle Demi-glace, Garlic Roasted Potatoes, Fresh Vegetable Julienne Medley

Pan Seared Salmon with Lemon Ginger

Pan Seared Salmon, Deglazed with White Wine and finished with Lemon Ginger Sauce, Mixed Greens Salad with House Vinaigrette, Garlic Smashed Potatoes, Teriyaki Green Beans

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Add a Hot Pasta Entrée to your Dinner Buffet for an additional cost.

Penne Carciofi

Pasta Tossed with Artichoke Hearts, Sun-dried Tomatoes & Fresh Herbs

Broccoli Pasta

Pasta & Broccoli sautéed with Roasted Garlic, Olive Oil and Roasted Tomatoes

***Dinner Buffets include your choice of two of the following
Dessert Selections***

Cheesecake
Dark Chocolate Fudge Cake
Deep Dish Fruit Pie
Chocolate Truffle Cake
Lemon Mousse Cake
Red Velvet Cake
Tiramisu Cake

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RECEPTIONS

Seasonal Fruit Tray

Fresh seasonal fruit, sliced & served with Vanilla Honey yogurt dip with an assortment of domestic & international cheeses, crackers & crostini

Cheese & Vegetable Crudites

An assortment of domestic & imported cheeses with sliced seasonal vegetables, Kalamata olives, crackers & crostini

Imported and Domestic Cheese and Cracker Display

Garnished with Fresh Seasonal Fruit, French Bread & Crackers

Assorted Bruschetta

An assortment of bruschetta including Beef Crostini, Roasted Plum Tomatoes, Ricotta and Prosciutto Bruschetta, Roasted Red Pepper & Walnut Spread Crostini and Baked Artichoke Parmesan Crostini

Cost Per 50 pieces

Antipasta Display

An array of Roasted and Marinated Vegetables, Italian Meats & Cheeses served with Kalamata Olives, Flatbreads and Crackers

Serves 50 people

Mediterranean Favorites

Grilled Eggplant, Zucchini & Yellow Squash, Kalamata Olives, Boursin Cheese, Tabbouleh, Hummus and Grilled Pita Garnished with fresh seasonal Dates

Brie Cheese and Puff Pastry

served with crackers and Crostini

Serves 25 people

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HORS D' OEUVRES

Per 50 pieces

Satays of Beef or Chicken

Cherry Tomatoes Stuffed with Marinated Feta

Asian Sesame Seed Chicken with Oriental Dipping Sauce

Coconut Shrimp with Sweet Duck Sauce

Pot Stickers, Chicken and Vegetable

Roasted Sweet Potato Rounds, Caramelized Pecans and Fried Sage

Assorted Grilled Flatbread Triangles with Caramelized Onions,
Sausage and Goat Cheese

Teardrop Tomato, Basil, Mozzarella Skewers

Phyllo Pizza w/Smoked Mozzarella & Cherry Tomatoes

Mini Crab Cakes with Lemon Aioli

Mushroom Caps with Lump Crabmeat Stuffing

Marinated Lime Shrimp with Lemon Ginger Sauce

Spring Rolls with Duck Sauce

Roasted Leek & Wild Mushroom Purses

Tip: If you are serving Hors d'oeuvres prior to dinner you should plan on 5 to 7 pieces per person. If you are not serving dinner you should plan on 10-12 pieces per person.

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