

2017 National Youth Summit on Healthy Living

Friday: February, 17, 2017

1:00 – 3:30 Check-in *JC Penney Lobby*
4:00 – 5:30 **Welcome and Orientation** *Aiton Auditorium*
5:30 – 6:30 Dinner *Clover Café*
6:30 – 7:00 **Keynote Speaker** *Aiton Auditorium*
7:00 – 8:30 **Health in the Real World** *Aiton Auditorium*
8:30 – 8:45 **Set-up State Program Showcase** *Ohio Room*
8:45 – 9:45 **State Program Showcase** *Ohio Room*
10:15 Curfew

Saturday: February 18, 2017

7:30 – 8:15 Breakfast *Clover Café*
Concurrent Sessions (9) Breakouts
8:45 – 9:30 **Concurrent Session 1**
9:30 – 9:45 Break
9:45 – 10:30 **Concurrent Sessions 2**
10:30 – 10:45 Break
10:45 – 11:30 **Concurrent Sessions 3**
11:30 – 12:00 **Free Time before lunch**
12:00 – 12:45 Lunch *Clover Café*
1:00 – 2:00 **Career Panel** *Aiton Auditorium & Breakouts*
2:00 – 3:00 **Making Change Starts with a Plan (Cheri & Maria)** *Aiton Auditorium*
3:00 – 3:30 **Health Break**
3:30 – 5:00 **Take Action, Make Change – (Team Feature & Team Action Plan)** *Aiton Auditorium*
5:00 – 5:30 **Free Time**
5:30 – 6:30 Dinner *Clover Café*
7:00 – 8:30 **Service Projects**
8:30 – 10:00 **Social time and Dance** *Ohio Room*
10:30 Curfew

Sunday: February 19, 2017

7:30 – 8:15 Breakfast *Clover Café*
Concurrent Sessions (8) Breakouts
8:45 – 9:30 **Concurrent Session 1**
9:30 – 9:45 Break
9:45 – 10:30 **Concurrent Sessions 2**
10:30 – 10:45 Break
10:45 – 11:30 **Concurrent Sessions 3**
12:00 – 1:00 Lunch *Clover Café*
1:00 – 2:15 **Marketing & Public Relations** *Aiton Auditorium*
2:30 – 3:15 **Health Break**
3:15 – 4:30 **Team Action Planning Time** *State Teams*
5:00 – 5:45 Dinner *Clover Café*
6:00 – 10:00 **Nightview of Washington, D.C.**
10:30 Curfew

Monday: February 20, 2017

7:30 – 8:30	Breakfast <i>Clover Café</i>
8:30 – 9:00	Final Prep for Healthy Living Team Poster Sessions
9:00 – 9:35	Group #1 Poster Presentations
9:35 – 9:45	Break
9:45 – 10:20	Group #2 Poster Presentations
10:30 – 11:00	Closing Session <i>Aiton Auditorium</i>
11:00	Adjourn and pick up boxed lunch

TRAVEL HOME SAFELY AND CONTINUE YOUR HEALTHY JOURNEY!

SEE YOU ALL NEXT YEAR, February 16 – 19, 2018!!