



## ***National Youth Summit on Healthy Living 2018*** **Program Schedule**

(times and events subject to change)

### **Friday, February 16, 2018**

3:00-4:30 pm **Check-in** – JC Penney Lobby  
 4:30-5:00 **Introductions & Orientation**  
 5:00-6:15 **Dinner** – Clover Café  
 6:15-6:30 **Networking**  
 6:30-7:00 **Welcome & Keynote**  
*Dr. Ruben Baler*  
 7:00-8:00 **Become a change agent**  
 8:00-8:30 **Networking**  
 8:30-9:00 **Set-up Program Showcase**  
 9:00-10:00 **Program Showcase**  
 10:15 **Curfew**

### **Saturday, February 17, 2018**

7:30-8:30 am **Breakfast** – Clover Café  
 8:45 – 9:30 **Session 1**  
 9:30-9:45 **Break**  
 9:45-10:30 **Session 2**  
 10:30-10:45 **Break**  
 10:45-11:30 **Session 3**  
 11:30-12:00 **Networking**  
 12:00 – 1:00 **Lunch** – Clover Café  
 1:00 – 1:30 **Youth in Action Award Winner**  
 1:30 – 3:15 **Career Panel**  
 3:30-4:00 **Health Break**  
*Healthy Living Curriculum Showcase*  
 4:00 – 5:30 **State Planning Time**  
 5:30-6:30 **Dinner** – Clover Café  
 6:30-8:30 **Be the change you wish to see in the world**

8:30-10:00 **Social Time and Dance**  
 10:30 **Curfew**

### **Sunday, February 18, 2018**

7:30-8:30 am **Breakfast** – Clover Café  
 8:45 – 9:30 **Session 4**  
 9:30-9:45 **Break**  
 9:45-10:30 **Session 5**  
 10:30-10:45 **Break**  
 10:45-11:30 **Session 6**  
 11:30-12:00 **Networking**  
 12:00 – 1:00 **Lunch** – Clover Café  
 1:00 – 2:15 **State Planning Time**  
 2:30 – 3:00 **Health Break**  
 3:30 – 4:30 **Team Presentations**  
 4:30 – 5:00 **Networking**  
 5:00-6:00 **Dinner** – Clover Café  
 6:00- 10:00 **Nightview of Washington, D.C.**  
 10:30 **Curfew**

### **Monday, February 19, 2018**

7:30-8:30 am **Breakfast** – Clover Café  
 8:00-2:00 **Luggage Storage**  
 8:30-9:15 **Telling Your Story!**  
 9:15-9:30 **Show Me the Money!**  
 9:30-10:15 **Health in the Real World**  
 10:30-11:15 **Closing Session**  
*Kyle Willkom*  
 11:15 **Good-bye & Boxed Lunch pick-up**