



**NATIONAL YOUTH
SUMMIT SERIES**
HEALTHY LIVING · MAKER · AGRI-SCIENCE

National 4-H Healthy Living Summit 2019
Program Schedule

(times and events subject to change)

Friday, February 15, 2019

3:00-4:30 pm **Check-in** – JC Penney Lobby
 4:30-5:00 **Introductions & Orientation**
 5:00-6:15 **Dinner** – Clover Café
 6:15-6:30 **Summit Welcome** - Aiton Auditorium
 6:30-7:00 **Keynote Speaker** - Aiton Auditorium
 ○ Dr. Boris Lushniak
*Dean, School of Public Health
 University of Maryland*
 7:00-8:00 **Become a Change Agent**
 8:00-8:30 **Networking**
 8:30-9:00 **Set-up State Program Showcase**
 9:00-10:00 **State Program Showcase**
 10:30 **Curfew**

8:30-10:15 **Social Time and Dance**
 10:30 **Curfew**

Sunday, February 17, 2019

7:30-8:30 am **Breakfast** – Clover Café
 8:45-9:30 **Workshop Session 4**
 9:30-9:45 **Break**
 9:45-10:30 **Workshop Session 5**
 10:30-10:45 **Break**
 10:45-11:30 **Workshop Session 6**
 11:30-11:45 **Networking**
 11:45-1:10 **Lunch** – Clover Café
 1:15-1:45 **Youth in Action Presentation**
 ● Sophia Rodriguez
*2018 Youth in Action – Healthy
 Living Award Winner*
 1:45-2:30 **State Planning Time**
 2:30-3:00 **Health Break**
 3:30-4:30 **Team Presentations**
 4:30-5:00 **Networking**
 5:00-6:00 **Dinner** – Clover Café
 6:00- 10:00 **Nightview of Washington, D.C.**
 10:30 **Curfew**

Saturday, February 16, 2019

7:30-8:30 am **Breakfast** – Clover Café
 8:45-9:30 **Workshop Session 1**
 9:30-9:45 **Break**
 9:45-10:30 **Workshop Session 2**
 10:30-10:45 **Break**
 10:45-11:30 **Workshop Session 3**
 11:30-11:45 **Networking**
 11:45-1:00 **Lunch** – Clover Café
 1:15-1:30 **Opening Your World on Health Careers**
 1:30-3:15 **Career Fair/Adult Networking**
 3:30-4:00 **Health Break**
Healthy Living Curriculum Showcase
 4:00–5:30 **State Planning Time**
 5:30-6:30 **Dinner** – Clover Café
 6:45-8:30 **Service Project**

Monday, February 18, 2019

7:30-8:45 am **Breakfast** – Clover Café
 9:00 a.m. **Show Me the Money!**
 9:15-10:15 **Health in the Real World**
 10:30-11:15 **Capnote Speaker** – Aiton
 Auditorium
 11:15 **Good-bye & Boxed Lunch pick-up**

